

Emma Sofia Lunghi

MA in Political Science, Université de Lausanne
PhD in Legal Science and Law and Business Administration
University of Milano-Bicocca and University of Lleida

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Education

2024-2026 – PhD in Law and Business Administration – University of Lleida (Excellent)

2023-2025 – PhD in Legal Science – University of Milano-Bicocca (Excellent)

PhD Thesis: “Food quality between law, values and practices: assessing the effectiveness of geographical indication's regulation in guaranteeing accessible information to consumers through quantitative and qualitative methods”

2018-2020 – MA in Political Science – University of Lausanne (5.5/6)

MA Dissertation: “The international regulation of persistent organic pollutants facing techno-bureaucratic expertocracy. Analysis of risk perceptions and the strategic use of emotional narratives by NGOs”.

2014-2018 – BA in Political Science – University of Lausanne (5/6)

Participation in Summer Schools

2023; 2024; 2025 – National Workshop of Legal Sociology – “Silvia Corticelli” – Associazione di Studi su Diritto e Società

2018 – Summer School in “Postcolonialism” – University of Lausanne, Swiss

Employment history

- **Guest Lecturer in Legal Sociology**, School of Law, University of Milano-Bicocca, Italy (2024-at present)
- **Academic Tutor**, Department of Business and Law, University of Milano-Bicocca, Italy (2025)
- **Academic Tutor**, School of Law, University of Milano-Bicocca, Italy (2024-2025)
- **Academic Tutor**, Department of Business and Law, University of Milano-Bicocca, Italy (2024)
- **Academic Tutor**, School of Law, University of Milano-Bicocca, Italy (2023)
- **Universal Civil Service**, Emergency NGO, Milan, Italy (2021-2022)
- **Trainer of Union Secretaries**, Movendo, Swiss (2021)
- **Research Trainee**, Faculty of Social and Political Science, University of Lausanne, Swiss (2020)
- **Undergraduate Assistant**, Faculty of Social and Political Science, University of Lausanne, Swiss (2018-2020)

Other relevant posts

- **Visiting scholar**, Department of Law, University of Lleida (2025)
- **Visiting scholar**, Department of Law, University of Lleida (2024)

Teaching Experience and curriculum development

Legal Sociology

- Lecture: “Quality food, sustainable food?”, (University of Milano-Bicocca, 2025)
- Lecture: “Socio-legal research methodology” (University of Milano-Bicocca, 2024)
- Lecture: “What is food quality?” (University of Milano-Bicocca, 2023)

Sociology of Fundamental Rights

- Lecture: “Food as a human right: but what kind of food and for whom?” (University of Milano-Bicocca, 2025, 2026)

Food Law

- Lecture: “Understanding UE food regulation: novel food, food quality and food safety” (NBFC-Deloitte, 2025)
- Lecture: “Geographical indications and the quality schemes in the EU” (University of Lleida, 2024, 2025)

Environmental Law and Governance

- Lecture: “Public policies and international governance for biodiversity conservation and sustainable technological innovation”, (NBFC-Deloitte, 2025)

Multidisciplinary seminars:

- Seminar: “The ethical, social and legal principles of food choices and diets”, (University of Milano-Bicocca, 2023- at present).

International Environmental Policies

- Teaching undergraduate assistant: International Environmental Policy (University of Lausanne, 2018-2020)

Other activities of field research

- Research collaboration with C.O.S.A ODV, “Female Work, Health, Diet and Social Growth in Senegal” (2025-ongoing)
- Legal expert for the redaction of EU Initiative “Good Food For All”, Geneva Fondazione Alma Mater (may 2025)

Co-writing of funding request

- **Interdisciplinary Seminar**, Venice International University, Value: 25.000€ (2026)

Scientific events organised/co-organised:

- “Law, rights and accessibility”, Event: scientific conference; Role: Scientific committee, (Milan, October 2025)
- “Quality Food: the Challenges of the Law”, Event: scientific conference; Role: Scientific committee, (Milan, February 2025)

Summer School co-organised:

- “Zero Hunger’s Goal: the Global Challenge of a Sustainable and Quality Food for All”, VIU Graduate seminar, Role: organizing committee and contributor (Venice International University, April 2026).

Master thesis students co-supervised: 10

Awards

- “GAY (Gaetano Sergio Iacono) Prize, 1st Prize”, for the dissertation: Food Quality: Between Values and Practices” of the Associazione di Studi su Diritto e Società (September 2023)

Memberships

- Fellow— Interdepartmental Research Centre Best4Food, University of Milano-Bicocca (2025-ongoing)
- Fellow – Associazione di Studi su Diritto e Società (2023-ongoing)
- Fellow – OnFoods – Research and Innovation Network on Sustainable Food and Nutrition (2023-2025)

Publications:

- Lunghi, E. (2026). Le regole della qualità alimentare: ridare voce al consumatore. Milano : Ledizioni. 210p.
- Lunghi, E. (2025). Cibo e diritto: la promozione della qualità alimentare attraverso le certificazioni. In: L. Prosperi, L. Mocarrelli, Policy, Behaviour and Education. Fondazione Giangiacomo Feltrinelli. Pp.87-94.

- Lunghi, E. (2025). Geographical Indications and the Protection of Biodiversity: Are EU Quality Schemes a Valid Instrument to Protect Biodiversity? *Fresh Approaches to Biolaw*, Trivent Publ. (in press).
- Lunghi, E. (2024). Les indications géographiques sous la loupe du genre, il y aurait-il un effet barbecue? Italie: une étude de cas sur les consommateurs. *Sociologia del Diritto*, 51(2), 211-235 [10.54103/1972-5760/27871].
- Dameno, R., Lunghi, E. (2024). Introduzione: Una breve e necessaria riflessione sulla qualità. *Sociologia del diritto*, 51(2), 141-144 [10.54103/1972-5760/27844].
- Maria Galbusera, Marta Muñoz Gomez, Mariano Lopez Benitez, Monica Raitieri, Roberta Dameno, Emma Sofia Lunghi (2024). *Cibo di qualità: le sfide del diritto* (R. Dameno, E. Lunghi, edited by). Milano University Press.
- Lunghi, E. (2024). Are Geographical Indications Sustainable? Some Research Suggestions. In L. Salamero Teixidó, A. Ezquerro Huerva (a cura di), *La construcción de sistemas agroalimentarios sostenibles: propuestas desde el derecho*. (pp. 149-161). Colex.
- Lunghi, E.S. (2024). The Right to Quality Food in the Capitalocene Era. *Rivista Internazionale di Filosofia del Diritto*. 1-3/1. pp. 69-83.
- Lunghi, E. (2023). Qualità alimentare, territorio e simboli, che cosa certificano le indicazioni geografiche? *Sociologia del Diritto*. n.2.

Scientific conferences accepted abstracts

- Lunghi, E.S. (2025). Povertà alimentare e migrazione in Italia: le difficoltà di accesso ad un cibo sano, sicuro e culturalmente adeguato, *Diritto, Diritti e Accessibilità*, University of Milano-Bicocca, Italy.
- Lunghi, E. (2025). Cibo, diritto e qualità : le indicazioni geografiche come strumento per promuovere la qualità alimentare. National Workshop of Legal Sociology – “Silvia Corticelli”, Capraia, Italy.
- Lunghi, E., Pagliari, S. (2025). Il terroir nel piatto: scienza, origine e sostenibilità, Food and Science Festival, Mantova, Italy.
- Lunghi, E. (2025). Geographical Indications Under the Gender Lens, Is Here a Barbecue Effect? Italy: A Case Study on Consumers. *Quality Food: the Challenges of the Law*, Milan, Italy.
- Lunghi, E. (2024). Les indications géographiques sont-elles un système alimentaire durable? Analyse de l’efficacité du règlement européen (1143/2024) sur les indications géographiques. *Rencontres Doctorales en droit de l’agriculture et de l’alimentation*, Bayonne, France
- Lunghi, E. (2024). Politica comunitaria ed etichette alimentari: il diritto ad un’informazione corretta e comprensibile. *Società, Discriminazioni e “nuovi diritti”*, Modena, Italy
- Dameno, R., Lunghi, E. (2024). Food Quality and Sustainability: a Gender Analysis Perspective. Intervento presentato a: *The World as One: The Unavoidable Interdependencies of Globalization - Annual Workshop Ciseps 2024*, Milano, Italia.
- Dameno, R., Galbusera, M., Lunghi, E. (2024). Diritto al cibo, di qualità ? . *The Politics of Food: Histories, Intersections, and Prospects*, Milan, Italy.
- Lunghi, E. (2023). Cibo e indicazioni geografiche: qualità, salute e sostenibilità. *Crisi, ecologie, tecnologie. Diritto e diritti in mutamento*, Bari, Italy.
- Lunghi, E. (2023). La qualità alimentare tra valori e pratiche. National Workshop of Legal Sociology – “Silvia Corticelli”, Capraia, Italy.
- Lunghi, E. (2023). The Right to Quality Food in the Capitalocene Era. *Philosophical Perspectives on Sustainability and Law*, Roma, Italy.
- Lunghi, E., Dameno, R., Prosperi, L. (2023). Governance and Regulation of Geographical Indications: an Analysis of Agri-Food Production Chain’s Sustainability. *I Congreso de Derecho Agroalimentario de la Universidad de Lleida*, Lleida, Spain.

Other activities of scientific dissemination:

- Interview: “Cibo sostenibile, ma in che senso? Non lo sa nemmeno l’Unione europea”, by Marta Abbà, (Wired, 28.02.2025)
- Interview: “Unione Europea a tavola: tra tutela della salute e salvaguardia delle tradizioni”, by Gigi Donelli, (Radio 24, 07.2025)
- MeetMeTonight: Dissemination activities for children and families on food and environmental law and policies (Milan, 2024)
- Interview: Qualità del cibo e politiche UE: la certificazione geografica è efficace? Qualità del cibo e politiche UE: la certificazione geografica è efficace?”, by Rossella Guido (Bnews, 01.2024)

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Milan, May 11, 2026

